

	Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
09:00						<b>Baby Samedi 9h</b> 09:00/09:50	<b>Zumba</b> 09:30/10:30  <b>Zumba kids junior</b> 10:30/11:30
10:00			<b>Baby Mercredi</b> 10:00/10:50  Pré - détection GAM GAF Sylvain / Steeve / Mathilde			<b>Baby Samedi 10h</b> 10:00/10:55	
11:00			<b>Baby Mercredi 11h</b> 11:00/11:50  10:00/11:30			<b>Baby Samedi 11h</b> 11:00/11:50	
12:00							
13:00							
14:00							
15:00							
16:00		<b>GYM SENIOR</b> 16:00/17:00	<b>EveilGym Mercredi 15h30</b> 15:30/16:30  <b>EveilGym Mercredi 16h30</b> 16:30/17:30	<b>Yoga</b> 16:00/17:00			
17:00	<b>Danse (Petite)</b> 17:15/18:15	<b>Zumba kids</b> 17:00/18:00					
18:00	<b>Danse (Grande)</b> 18:30/19:30	<b>Renforcement musculaire</b> 18:00/19:00		<b>STEP</b> 18:30/19:30			
19:00		<b>Zumba</b> 19:00/20:00		<b>Stretching</b> 19:30/20:30	<b>HIP HOP</b> 19:00/20:00		
20:00	<b>FITLINE Isabelle</b> 20:00/21:00	<b>MOZAIK - Laurent</b> 20:00/21:00	<b>FITLINE Isabelle</b> 20:00/21:00				

Généré le : 09/12/2021 16:12